

LOSE 2 WIN

NEW YEAR'S WEIGHT LOSS COMPETITION



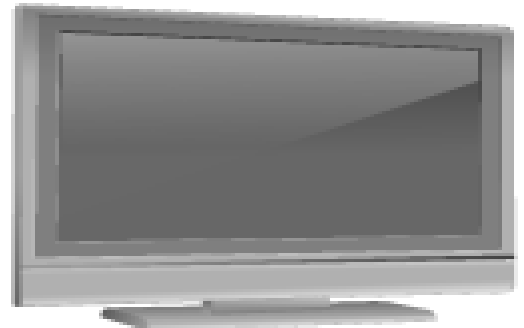
COMPETITION RULES:



- ✘ Competition will begin January 11, 2010 and end March 8th
- ✘ Three FREE group training sessions will be offered weekly!
- ✘ Results will be calculated on biggest change in body fat percentage, not total weight loss.
- ✘ Mandatory weigh-ins will be Jan. 11-12, Feb. 1-2 & Mar. 8-9
- ✘ Please see Jordan, Shawn or Pat for all the details and to sign-up!

FIRST PLACE WINNER:

- ✘ 50" PLASMA TV
- ✘ \$100 Gift Certificate to Fleet Feet
- ✘ (1) Year FREE single membership to The Matrix



SECOND PLACE WINNER:

- ✘ (1) Year FREE single membership to The Matrix
- ✘ \$100 Gift Certificate to Fleet Feet