

The Matrix Times March 2010

3228 Leeman Ferry Road HSV, AL 35801 Ph: 256.533.5599 www.thematrixgym.com

SPRING BREAK 2010!

Matrix T&T Team

MARCH PARENTS' MEETING
Please check the board and the blog

Come watch the
Nation's BEST T&T athletes compete!
JUMP START NATIONAL CAMP
March 12-14th HERE at The Matrix!

TWIST AND TUCK COMPETITION
March 28th
Hickory, NC



24-HOUR FITNESS

Don't think you can work out
enough to justify a
monthly membership?

**ASK ABOUT OUR NEW
FITNESS PUNCHCARDS!**

Matrix All-Stars

**THINKING ABOUT TRYING
OUT FOR ALL-STAR?**

Evaluations will be held the
month of March! Sign up for
discounted All-Star classes in
March and see what it is all about!
Ages 4-18 are welcome!
See Charlotte or Lindsey for more
information!

MARCH MEETINGS:

**PLEASE CHECK
BOARD**

NO OPEN GYM

Sat. March 13th
Sat. March 20th

GROUP FITNESS:

NEW TurboKick 39

on March 25th at 4:30pm

Please check the March schedule
carefully because of class changes and
Spring Break cancelations!

**FYI: SUMMER
REGISTRATION
WILL BEGIN
MON. APRIL 5TH**

Staying in Huntsville for Spring Break?

Ages 6-13 Cost \$100 + camp waiver (non-members welcome!)

Tues., Wed. & Thurs. (3/16 -3/18) 9am-1pm

Come enjoy **SPRING BREAK CAMP** with games, open gym, relays, T&T instruction, prizes, movies, & TONS of fun! **SPACE IS LIMITED!** Call to sign up 533-5599



CROSSFIT HUNTSVILLE

is hosting the **SECTIONAL QUALIFYING
COMPETITION** for AL, TN, & MS on
March 5th-7th at Braham Springs Rec. Center

There are only 30 spots available for qualifiers to
move onto the Regional Competition!
Best of Luck to our CrossFit Huntsville Athletes!

The Matrix will be **CLOSED** for
ALL regular classes
Mon. March 15th- Fri. March 19th
for Spring Break!
Everyone have a wonderful and safe break!
Please check the website and posted signs for
desk and office hours!